

OMEO REGION NEWS SHEET



Wednesday 16 October

AN OMEOSHIRE LIONS CLUB PROJECT

20 Cents

SERVING ENSAY, SWIFTS CREEK, OMEO. BENAMBRA, DINNER PLAIN.

NEWSHEET ENQUIRIES:

Email: newsheet@omeo.org.au Phone: 5159 1515 www.omeo.org.au Post: P.O. Box 182 Omeo 3898

Medical Services-Omeo Region

For URGENT Medical Care call 000
Omeo Medical Centre
Please Phone: 51 590 140
To arrange an appointment
Monday to Friday 8.00am—5.00pm
Pathology: Collection Monday to Friday
8.00 am—9.00am

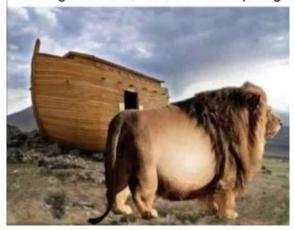
OMEO COMMUNITY HUB LUCKY NUMBERS

by appointment only

27. Michelle Mooney 30. Jenny & Jack

SNAPDRAGONS JOKE

It was a shitty cruise, rained a lot. But they had a great buffet, I had two of everything.





Omeo Weather



Wed 6-20 Thurs 14-25 Frid13-20 Sat 7-22 Sun 9-20 Mon 10-21 Tues 5-24 Wed 12-25

District Diary

Wednesd	ay	16th	Oc	tober

Thursday 17th October

Omeo Opportunity Shop Open......11.00am-3.00pm

Friday 18th October

Omeo to Bright Bus...departs Omeo 8.00am return3.20pm

Saturday 19th October

AA. meeting 1st Saturday of month, CFA rooms2.00pm Omeo Opportunity Shop Open......11.00am–3..00pm

Sunday 20th October

Monday 12st October

Omeo to Bright Bus depart....Omeo 8.00am return3.20pm The High Country Singers Omeo Shire Offices......2-3.30 pm

Tuesday 22nd October

Listen with Lorna live radio O.S.C.A.R. fm ... 12.00-2.00pm

NB.

He who spends time regretting the past, loses the present and risks the future

Amicus.



Medical Centre Charles Luiz & Howard Goldenberg e note some days are via telel

Please note some days are via telehealth Phone:5159 0140





186 Day Avenue. Omeo. 3898

PH: 03 51591663 FAX: 03 5159 1686

AFTER HOURS: 0474 017 705

EMAIL: omeopharmacy@gmail.com

DELIVERY AVAILABLE



Industrial — Domestic Electrical Motor Repairs

CONTACT: TOM MITCHELL

5157 3200 - 0428 573 205

"From The Lakes To The Alps"

UNITING CHURCH

AUSTRALIA SWIFTS CREEK

We gather on the **first Sunday of the month** at 10 am for Worship and morning tea afterwards.

All are welcome

Activities for the younger ones Enquiries to Rev Marian Bisset

Ph: 0421 067 212

GARY'S TREE LOPPING

- Tree Lopping
- Stump Grinding
- Hedge Trimming

PH 0427 772 364

garysmatenance@gmail.com







Omeo Rodeo AGM.

23/10/2024 at

7pm at

The Hub, Omeo.

All welcome.



AUSTRALIAN CHIROPRACTORS ASSOCIATION

CHIROPRACTOR

DR RICHARD HOWDEN

Will be available at Swifts Creek Saturday October 19th

FOR APPOINTMENTS & DIRECTIONS

Please phone **51554400** before noon Friday



Daily Services between Melbourne - Bairnsdale - Omeo Bairnsdale Depot - Grinters Transport, 16 Lawless Street, Bairnsdale, 3875

Melbourne Depot - Vic Freight Specialists, 13B, 13-17 Progress Street, Dandenong, 3175

Omeo Depot – Omeo Welding & Engineering & Equipment Hire, 87 Bilton Street, Omeo, 3898 Phone: (03) 5152 5778 Fax: (03) 5152 3329

Mobile: 0418 516 857 Email:

admin@grinters.com.au
Pallets Parcels

- Livestock . Hay .
- Machinery . Bulk
- ♦ General . Wool
- Refrigerated Freight . Farm Equipment

Leaves 9.30am from Bairnsdale to Omeo



Jens and Maureen Hudson

18 Great Alpine Road Lucknow 3875 Phone: Maureen 0402 001 593 Jens **0402 006 268**

Many fabrics to choose from for all your furnishing needs Over thirty years in Business and 76 years' experience in the industry, between us we can help you.

Including car and motorbike seats

- Car roof linings replaced
- Cushions made to size
- Foam cut to size
- Toyota Land Cruiser seat foams



- Groceries
- ➤ Gas Bottles

➤ Meat

- ➤ Bottle Shop
- Fruit & Veg
- ➤ Post Office
- ➤ Fuel ULP & DSL + Winter Mix
- > Breakfast & Lunch Daily until 2pm
- Fish & Chips Friday Nights 4pm-7pm
 - Eat In or Take Away
- Personalised Weekly Orders of Meat, Fruit & Vegetables

Drop in and meet our awesome team to grab a bite to eat or stock up on supplies for your adventure around Sunny Benambra

TRADING HOURS

Weekdays 8am - 5:30pm Weekends 9am - 5pm Public Holidays 9am - 5pm

03 5159 9209



Bore pumps Sales and servicing, Mains and solar operated

TV Installation and servicing of both Satellite &" Terry"

Generator - Sales/Hire/Installation/

Mains to Generator changeover switches and inlets

Electrical Appliance Repairs/Maintenance

Electrical Installations Industrial to domestic..

Competitive rates and servicing the Omeo region

Contact Jeremiah on 0418 909 978





Junior LEGO enthusiasts are invited to attend our after– LEGO Club school sessions.

The sessions incorporate freestyle activity and themed construction activities.

Donations Welcome

The library will gladly accept donations of old or new LEGO brand pieces for our LEGO Club collection.

For more information, phone **51524225** or ask in person at the library about these FREE sessions.



Omeo Service Centre

3.30pm-4.30pm Every Wednesday Except School Holidays

All Children must be accompanied by an adult



GLASS & GLAZING -

WINDOW REPLACEMENTS

SHOWER SCREENS – ROBE DOORS –
 SECURITY DOORS – FLY SCREENS &
 MORE

Servicing - Ensay, Swift Creek, Omeo, Benambra & Dinner Plain

OFFICE: 5152 6791

JUSTIN: 0457 775 168 emailsales@allscreensgippsland.com.au

www.allscreensgippsland.com.au



Specialising in the following services
Potable Water Cartage
Transport of general freight, Agricultural goods,
Motorbikes, Quad bikes, Mowers
Small tractors, SXS's, Machinery parts,
Bagged grain and much more.
Reasonable rates

Truck equipped with1,000 KG. tailgate loader
Full tarpaulin if required,
ability to load and unload goods
with 1.6 tonne all terrain pallet jack.
Truck capabilities: 6.tonne, 4x4
Tray size: 5.5 mtrs x 2.4 mtrs.
Flat top trailer 6.3 mtr x 2.5 mtr

Transporting weekly to Omeo and district from Albury/Wodonga Corryong
Orders phoned or emailed by Tuesday
11 am For delivery on Wednesdays

Contact Mark for delivery charges on 0428 264 480

Mark @tectronix.com.au



Tech Savvy Workshop

Introduction to Android



Learn the basics of your Android device!

This workshop provides a basic introduction for those new to Android devices and will cover the following: What a tablet / smartphone is, what they can do, different brands / types, device buttons and controls, using the touch screen, navigating your device, and common symbols. It is suitable for tablet or smartphone users.

Disclaimer: This workshop is designed for those who are looking to get a device or who have just got one.



Omeo Service Centre Monday 21 October 9.30am-12.00pm Book Now at your Library: 5152 4225

EAST GIPPSLAND SHIRE LIBRARIES

FREE | BOOKINGS ESSENTIAL

Tech Savvy Workshop

Introduction to Apple



Learn the basics of your Apple device!

This workshop provides a basic introduction for those new to Apple devices and will cover the following: What an iPad/iPhone is, what they can do, different types, device buttons/controls, using the touch screen, navigating your device, and common symbols. It is suitable for iPad or iPhone users.

Disclaimer: This workshop is designed for devices running iOS software but is not suitable for Apple Mac users. This workshop is designed for those who are considering purchasing or have recently acquired an Apple device.



Omeo Service Centre Monday 28 October 9.30am-12.00pm Book Now at your Library: 5152 4225



Phone: 5159 1276

Opening Hours

Friday from 5pm Sunday Breakfast 8am 12pm Sunday Lunch 12-2pm





OMEO RSL

Notice of Annual General Meeting

Wednesday 6 November 2024

@ 11:00am, Omeo Shire Office

Nominations for Committee members are now open

All positions will be declared vacant

New Service and Affiliate Members are most welcome

For general enquiries contact Renee on 0468 499 295







Omeo District Health Board Chair, Simon Lawlor would like to inform the community of an important change in leadership at ODH.

After much consideration, Mary Manescu has decided to resign from her position as CEO, effective 10 November 2024.

During her tenure, Mary has made a significant contribution to our organisation, from re-establishing our core systems and processes disrupted by the pandemic and other local events, to rebuilding our workforce capacity and capability, creating a clearer and accountable organisational structure supported by an inclusive and respectful team culture, fostered our digital and other innovations, optimised the use of our facilities and strengthened our service models, all whilst navigating many other risks and challenges.

We are grateful for her dedication, vision and leadership during a pivotal time for Omeo District Health. As an organisation we are stronger and better able to embrace many future opportunities that lie ahead.

Please be assured that the Board is committed to ensuring a smooth process in to our new leadership. We will begin the search for a new CEO immediately, and we aim to find a leader who will continue to build on the strong foundation we have established.

Simon Lawlor – Chair, Board of Directors





Come and join Rev Marian Bisset at the final service before Marian and Pru conclude in the High Country.
Sunday 3rd November, 10am at the Swifts Creek Uniting Church.
The service will include Communion and a short "Release of Ties" liturgy as part of the conclusion.

There will be morning tea afterwards and all are welcome to come along.

Marian has been the Frontier Services Bush Chaplain through the High Country, including Benambra to Omeo, Swifts Creek to Tambo Crossing, Buchan to Suggan Buggan.

FLYCO GIPPSLAND

SICK OF THOSE ANNOYING FLIES & SPIDERS HANGING AROUND YOUR HOME OR BUSINESS? LET US GET RID OF THEM FOR YOU!

WE ARE COMING YOUR WAY...
VISITING ENSAY, SWIFTS CREEK,
OMEO, BENAMBRA AND EVERY
WHERE IN BETWEEN.

MONDAY 28/10 TO FRIDAY 1/11/24

0404 530 369



Locally owned & operated where customer service & satisfaction are our highest priority



PHYSIOTHERAPIST

Robert Hughes is a qualified and extremely experienced
Physiotherapist from
McMillan Chiropractic

Robert will be available at Swifts Creek Bush Nursing Centre 16th October & 13th November 2024

FOR APPOINTMENTS Please phone 5150 2430 NO GP Referral required.



SWIFTS CREEK BUSH NURSING CENTRE

T. 03 5150 2430 F. 03 5150 2439 Email. susan.carroll@gha.net.au

17 McMillan Street, Swifts Creek 3896 Open 9am until 5pm Monday to Friday

9am until 11am Weekends

Emergency on-call available after hours

Nursing services: No appointment required.

You are required to pay an annual membership fee or otherwise a non-member fee.

A <u>Rural and Isolated Practice Nurse</u> is available for wound infections.

Assistance with Virtual Emergency consults.

Pathology: Every Weekday, 9am until 9.45am

Women's Health

Ante/Postnatal Care

Suturing

Memberships

Family \$140, Single \$70 due 31st July each year

Hire of Equipment

Home visits if required.

24hr Bp monitor

Immunisations

SCBNC

WIFTS CREEK
GUSH NURSING
CENTRE INC.

Webpage – <u>https:/</u>

www.swiftscreekbushnursingcentre.com.au

Ensay Bush Nursing Centre

T. 03 5150 2416 F. 03 5150 2419 email: ensaybnc@gha.net.au

ENSAY ENSAY

5 Great Alpine Road

Ensay, VIC. 3895

Open 9am until 3pm Monday to Friday

or 8.30am-9am and 3-3.30pm emergencies only

Nursing services; No cost No appointment required.

Pathology Monday to Friday 9 am until 10.30 am- No cost. No appointment required

Footcare: Approximately 6 weekly, \$15.00 cost ring for an appointment

Walk and morning tea: 1st Friday of each month may include some craft activities, no cost only delicious homemade cakes etc.

RFDS mental wellbeing: Fortnightly face to face and telehealth model.

<u>Memberships:</u> \$50.00 family and \$25.00 single due 31st of July each year, pro-rata payments accepted for new members.

AGM: Occurs on the second Monday of October all welcome, new members to the COM welcome

Follow us on facebook and our webpage for events and employment opportunities.

WEBPAGE

https:/www.ensaybushnursing.com.au



Omeo Garden Club and High Country CWA

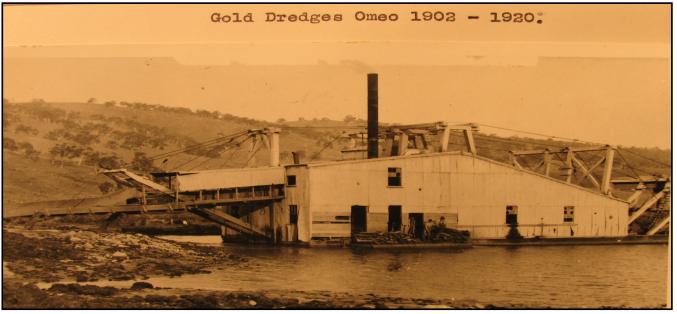
OPEN GARDENS and TAGALONG TOUR

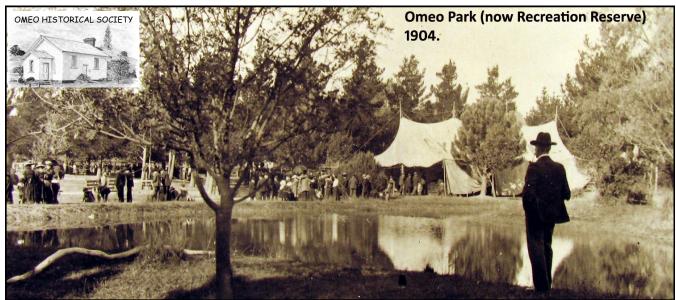
NOVEMBER 4th, leaving OMEO GOLF CLUB at 10am

\$20 per ticket.

- 1. Bindi Station I
- 2. Gap Creek (Kate and Bruce Commins)
- 3. Kuryung and Lyrebird Nursery, Hankshaw Hill Road (Kelly Jobling and Pat McCormack)
 - 4. Coleen and Steve Thomas Garden.

Enquires to Coleen 0428 046999 and Kate: 0408144781 More details next week.







NOTICE OF ANNUAL MEETING 3HCR HIGH COUNTRY RADIO

Better known as OSCAR

Will hold their AGM

(again) on 24-11-2 2.30pm
The Hub- Day Ave. Omeo
We need a strong committee
with young energetic local
community members interested in
holding on to this important
piece of local history.
Oscar Commenced
broadcasting from Mt. Sam in 1985.
All welcome. Bring your fresh
idea's for
SAVING OSCAR!



2025 Scholarship

The branch is proud to announce the High Country Branch \$3000 Scholarship to assist with ongoing education.

Eligible applicants will be year 10 and above school leavers from the local community.

You can request further information and an application form by contacting:

Rev. Marian Bisset 0421 067 212

or by contacting the branch through social media.

Applications due: 21st October, 2024

f cwahighcountry





Ensay Bush Nursing Centre Inc.

ABN: 53 882 867 069 AN: A0020060U

AGM 2024 Monday 11[™] November 5.00-6.00pm @ EBNC

We welcome nominations for two Committee member vacancies. Enquiries and RSVPs at welcome at the Centre ph: 5150 2416

NOTICE OF SPECIAL RESOLUTION

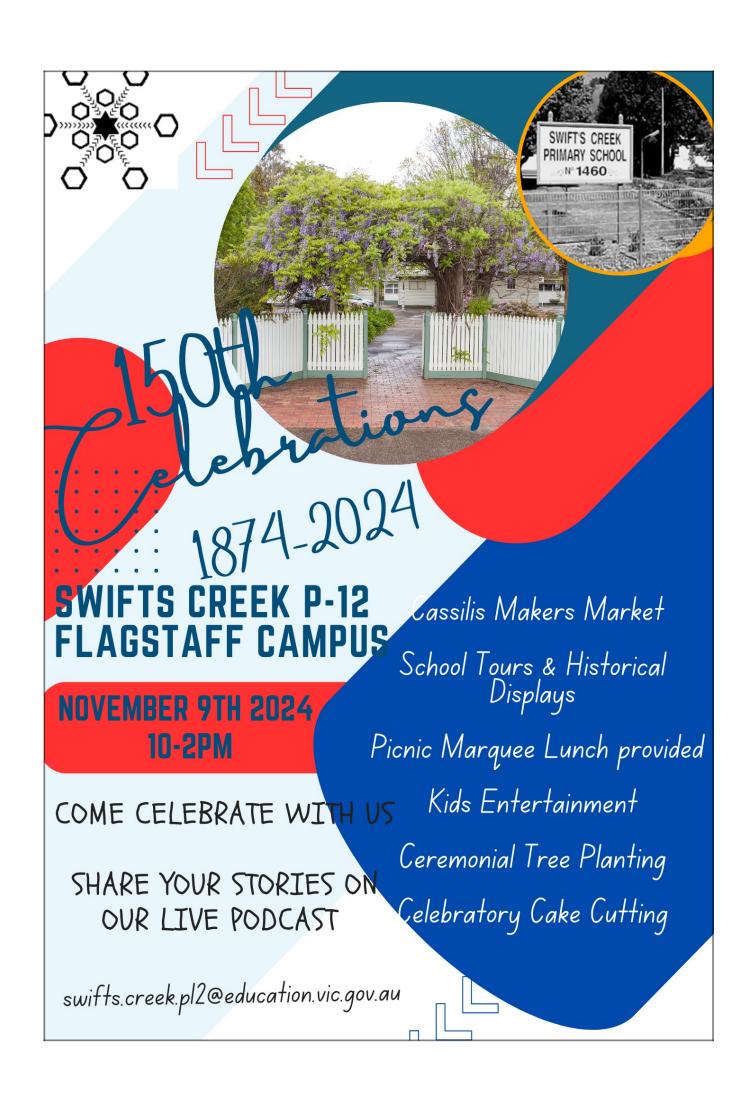
The EBNC is hoping to become a Deductible Gift Recipient which allows us to accept tax-deductible donations.

For this we need to alter to our Constitution to include a "revocation clause". This ensures that, if the Centre is ever wound up, any unspent gifts or donations will be transferred to another similar charitable organisation.

This alteration (below) will be proposed as a Special Resolution at our November AGM.

Proposed clause be added to Section 76 - Winding up and cancellation

- (5) If the organisation is wound up or its endorsement as a deductible gift recipient is revoked (whichever occurs first), any surplus of the following assets shall be transferred to another organisation with similar objects, which is charitable at law, to which income tax deductible gifts can be made:
 - a) gifts of money or property for the principal purpose of the organisation
 - b) contributions made in relation to an eligible fundraising event held for the principal
 - c) purpose of the organisation
 - d) money received by the organisation because of such gifts and contributions.







Saturday, 30 November 2024 Bairnsdale Livestock Exchange 11 Saleyard Road, Bairnsdale 9am - 12pm

Registrations essential at detoxbairnsdale2024.eventbrite.com.au

If you need assistance to complete an online registration, please call Council's waste team on 5153 9500 or Sustainability Victoria's

Detox Your Home team on

1300 363 744

What is accepted at Detox Your Home?

Acids and alkalis | ammonia-based cleaners | brake fluid car care products | car coolant | detergents | disinfectants | fertiliser fuels | glues | household cleaners | insect sprays | rat poison weed killers | pool chemicals.

For a complete list, visit the link below www.sustainability.vic.gov.au/accepted-items









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Tuesday, 29th October 11.30am 2 Course Lunch Fresh Air Cafe, Omeo \$10 per person - bookings essential

(Subsidised event thanks to Connect Well).

RSVP; Monday 21st October

Trudy - BNH, phone: 0428599250

benambraneighbourhoodhouse@gmail.com

Entertainment, music and guest speakers

Join us for lovely food, great company and some fun and laughter..







